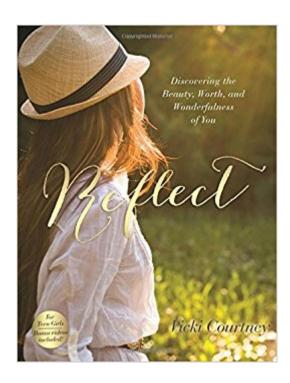


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Reflect: Discovering The Beauty, Worth, And Wonderfulness Of You





Synopsis

A teen girl's guide to discovering her true worth through God. Self-worth is one of the biggest struggles for teen girls, and bestselling author Vicki Courtney offers just-right encouragement with her special blend of straight talk and wisdom. Reflect will help teen girls to love what they see in the mirror, to deal with the pressures to look and be perfect, and to truly believe they are worthy and wonderful, just the way God created them. Â Essays include: Â Confessions of a Beauty QueenLiving Authentically in a Photoshopped WorldLife with No RegretsThe Truth about Forever

Book Information

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#233 in Books > Christian Books & Bibles > Children's & Teens > Teens

Customer Reviews

Vicki Courtney is a national speaker to women of all ages and the best-selling author of numerous books and Bible studies including, Move On, Ever After, 5 Conversations You Must Have With Your Daughter, and 5 Conversations You Must Have With Your Son. She is a two-time ECPA Christian Book Award winner and has appeared on CNN and Fox News as a youth culture commentator. Â Vicki and her husband, Keith, reside in Austin, Texas and are the proud parents of three grown children, two daughter-in-laws and a son-in-law. They also have two grandsons and are blessed to have all their children living nearby in Austin and Houston. More information about Vicki can be found at VickiCourtney.com. Â

This made a beautiful gift for my 13 year old daughter. The pages are high quality- colorful images, easy reading content, and faith based focus. I liked it so much, I almost ordered one for myself (35 years old)!

The number one thing going through my mind when I was reading through this book was, "Would I recommend this book to our senior clients?" This book is not something I would go out and buy to gift to our clients, but I do think they would get a lot out of reading it. I will save it for my daughters to read through in a few years!Some things to highlight: this book is a great size (the size of modern Bible study books!) It does not really have "chapters," instead it is arranged as articles/essays/quizzes on different subjects throughout. There are QR codes throughout the book that link to very short videos online which is a fun interactive addition.

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